

# Mat Man™ Envelope Activity

Send Mat Man and this fun activity home with students! Remember to send home the parent piece too. Parents will have fun learning about Mat Man and building him with their children.

## Get ready

- Print, color, and cut the attached Mat Man pieces (Pre-K teachers will need to do the cutting).
- Color one 5  $\frac{3}{4}$ " X 8  $\frac{3}{4}$ " envelope (serves as the mat and as storage for the pieces).

## Build

- Show children how they can build Mat Man using the envelope as the mat.

## Place

- All Mat Man pieces in the envelope

## Send Home



**WATCH MAT MAN Video: <https://youtu.be/xvphUKrDobc>**



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## Meet Mat Man™

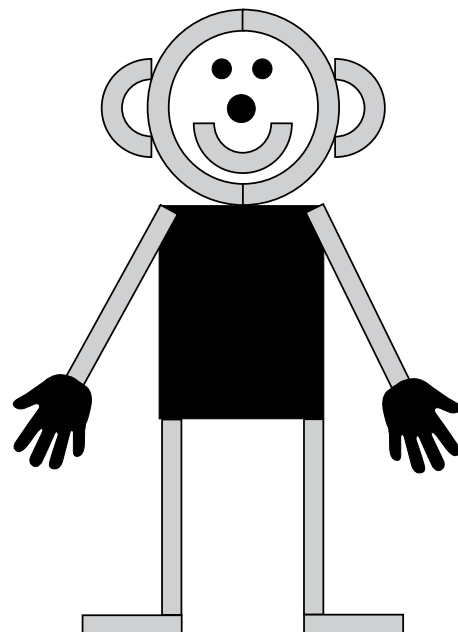
Young children often are asked to draw pictures of themselves or a person. Mat Man makes drawing easy. The following Mat Man activities help children develop body awareness, drawing and counting skills.

### Directions for Building and Singing

1. Remove Mat Man pieces from the blue envelope.
2. Build Mat Man with your child. Starting with the head and working your way down to the toes.
3. Sing the *Mat Man* song (below) as you build Mat Man together.

### Directions for Drawing

1. Have your child sit at a table next to you.
2. Draw each part in order. Sing/say: "Mat Man has one head. Watch me draw the head. Now it's your turn!"
3. Encourage children to add other details to their drawings.



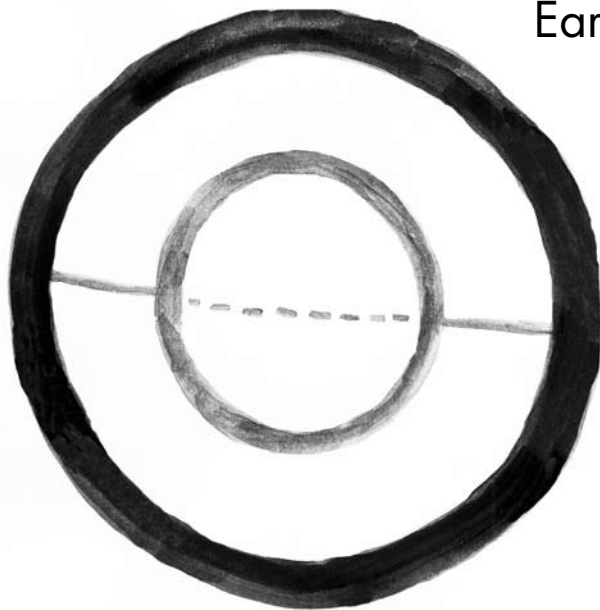
Mat Man has	1 head,	1 head,	1 head,
Mat Man has	2 eyes,	2 eyes,	2 eyes,
Mat Man has	1 nose,	1 nose,	1 nose,
Mat Man has	1 mouth,	1 mouth,	1 mouth,
Mat Man has	2 ears,	2 ears,	2 ears,
Mat Man has	1 body,	1 body,	1 body,
Mat Man has	2 arms,	2 arms,	2 arms,
Mat Man has	2 hands,	2 hands,	2 hands,
Mat Man has	2 legs,	2 legs,	2 legs,
Mat Man has	2 feet,	2 feet,	2 feet,

Mat Man has	1 head,	So that he can*	think
(repeat)	2 eyes,	(repeat)	see
	1 nose,		smell
	1 mouth,		eat
	2 ears,		hear
	1 body,	To hold what is inside	heart, lungs, stomach
	2 arms,	So that he can*	reach
	2 hands,	(repeat)	clap
	2 legs,		stand
	2 feet,		walk

\* Wait for your children to respond. Add extra verses when you add new accessories. Your children may call out other body functions (feet= run, kick, dance). Encourage this while keeping the song/activity moving along.

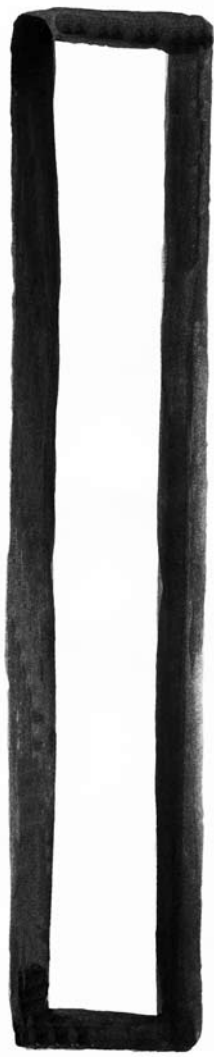
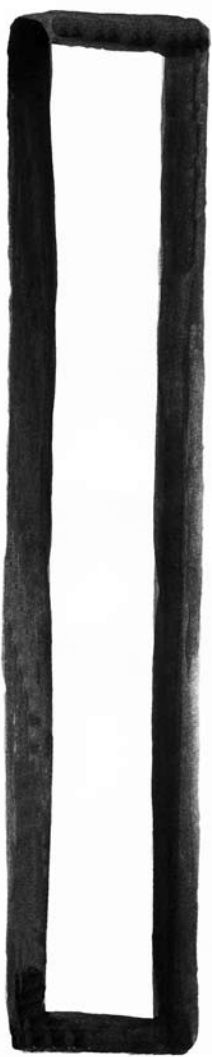


Feet

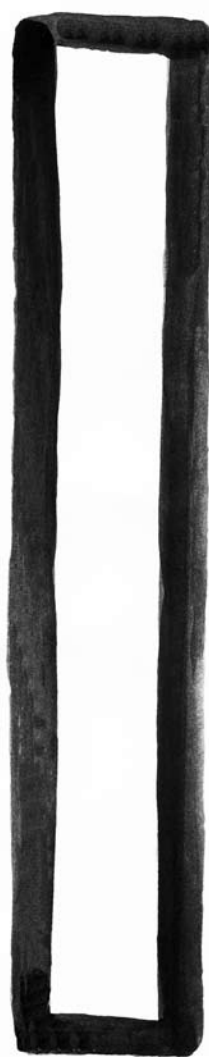
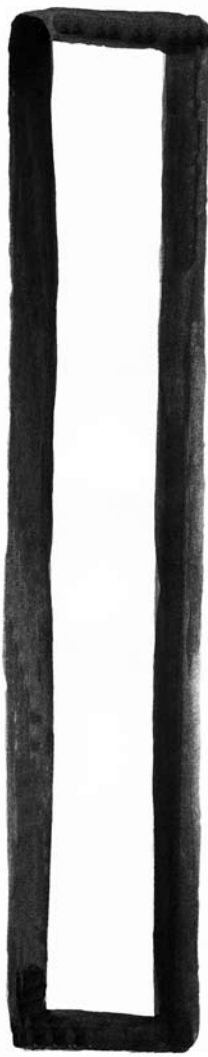


Ears

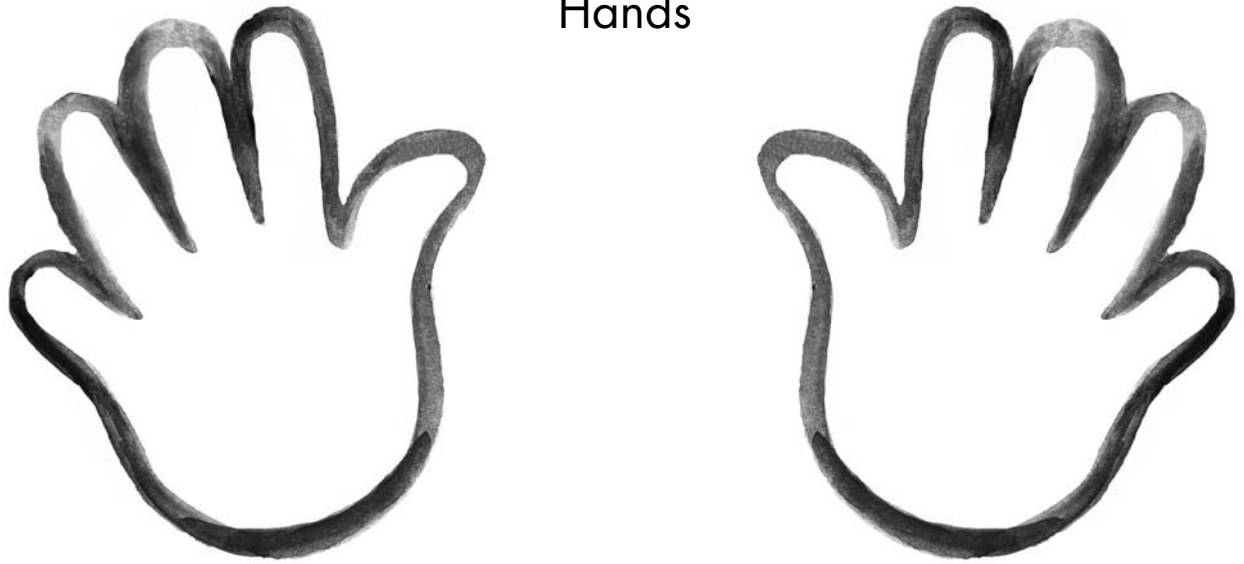
Arms



Legs



Hands



Head & Face

